

# Melbourne

## Church of Christ

*Where You Are Part of God's Family*

**October 30, 2011**

### Learning to Live Without Anger

*"You have heard that it was said to the people long ago, 'Do not murder, and anyone who murders will be subject to judgment.' But I tell you that anyone who is angry with his brother will be subject to judgment. Again, anyone who says to his brother, 'Raca,' is answerable to the Sanhedrin. But anyone who says, 'You fool!' will be in danger of the fire of hell." (Matthew 5:1-12)*

*"In your anger do not sin": Do not let the sun go down while you are still angry, and do not give the devil a foothold. (Ephesians 4:26-27)*

The key word in our topic for this week is "learning." No one is completely under control when it comes to anger. The reason anger is so hard to control is that it is closely related to so many other feelings and characteristics. Take a moment and think about how each of these feelings and characteristics relate to anger: critical, hateful, selfish, mad, hostile, hurt, skeptical, irritated, jealous, frustrated, sarcastic, and distant.

There are so many situations and personal experiences that bring out anger. In Jesus' teaching in Matthew 5, he shares one specific situation – being angry with another person. He warns that our anger can lead to catastrophic consequences like being thrown into hell. He is trying to get his listeners to consider one way to deal with your anger before it gets out of control, namely, consider the consequences before you act in anger. How many times have you acted in anger only to later say to yourself, "That was so stupid!"

But Jesus also gives another consideration for dealing with anger, "What is the cause of your anger?" In *The Good and Beautiful Life*, Jim Smith suggests five false imperative narratives that are the source of anger: I am alone; I must be in control all of the time; Something terrible will happen if I make a mistake; Life must always be fair and just; and I need to be perfect all of the time. All of these narratives are driven by fear and the need to be in control. We become like a wild animal backed into a corner. We bare our teeth and attack.

But instead of reacting like a wild animal and using our own resources, Jesus encourages us to accept the way of the kingdom of God. In the kingdom of God, you are never alone. Jesus is always with you. Jesus is in control, not you. Mistakes happen all the time and things usually work out fine. Life is not always fair and just, but God gets the last word. Jesus accepts you, even though you are not perfect.

Jesus wants to move your life from fear and a need to be in control to trust in the Father for your life now and the future. The Serenity Prayer might be a good place to start. "God grant me the serenity to accept the things I cannot change; courage to change the things I can; and wisdom to know the difference. Living one day at a time; Enjoying one moment at a time; Accepting hardships as the pathway to peace; Taking, as He did, this sinful world as it is, not as I would have it; Trusting that He will make all things right if I surrender to His Will; That I may be reasonably happy in this life and supremely happy with Him forever in the next. Amen."

—Steve Puckett



*Psalm 124:8 (NRSV) reminds us that "Our help is in the name of the Lord, who made heaven and earth." In the spirit of warm friendship, we welcome all who have come to find help from the Creator and Sustainer of us all.*





# Family News and Notes



## Shepherd's Corner

### Signs of Our Times

In case you don't think we live in times of spiritual ignorance, note this item from *Leadership Magazine*. A Denver woman told her minister of a recent experience that she felt was indicative of the times in which we live. She was in a jewelry store looking for a necklace and said to the clerk, "I'd like a gold cross." The man behind the counter looked over the stock in the display case and said, "Do you want a plain one or one with a little man on it?"

### This Is My Church

It is composed of people just like me.

It will be friendly if I am.

It will do work if I work.

It will make generous gifts to many causes if I am generous.

It will bring others into its fellowship if I bring them.

Its seats will be filled if I fill them.

It will be a church of loyalty and love, of faith and service if I who make it what it is, am filled with these.

Therefore, with God's help, I dedicate myself to the task of being all these things I want my church to be.

The first story shows how the world is becoming - not realizing who Jesus is. The second story tells us how we can make the world, through the church, to know Christ and make a better world.

Tom Fennell

## When Troubles Come

Have you noticed that things often seem to fall apart all at once? It could be a string of financial setbacks. First the refrigerator goes out, then the car won't start and then the roof starts leaking. Or maybe our relationships break down or our career unravels.

What can we do when hardships threaten to overwhelm us? Peanuts character Charlie Brown said, "I only dread one day at a time." But we can do better than that.

We can take a deep breath, cling to God's hand and keep walking, knowing that our heavenly Father is always with us.

## Children's Ministry Announcements

10/30 Sun. AM - Nursery is provided during adult worship for infants and toddlers up to age 3. Preschool Children's Worship is available for preschool children age 3-5. Elementary Children (K-5th grade) will go directly to the CW room after Bible classes. Our virtue this month is Creativity.

\* Please pick up your children promptly after services.

11/2 Wed. PM - Supper served 5:30-6:15 p.m. Classes at 6:30 PM All children age 3 years-5th grade go to the Children's Worship Room (nursery is provided for younger children). Our theme this semester is Jesus of Nazareth.

10/23/2011

CW Contribution

\$47

(All CW contributions go to Called & Compelled Honduras Missions)

Attendance:

Sunday School (Cradle roll-5th grade)	38
Preschool Children's Worship	12
Elementary Children's Worship	31
Nursery	6

### Pre-School Worship & Nursery Assignments

Oct. 30, 2011

Pre-Sch. Worship: Pam Mason/Irene Mann/Benjamin Heuser

Nursery: Aileen Green/Melissa Webber

Nov. 6, 2011

Pre-Sch. Worship: Stacy Carter/Alex Heuser

Nursery: Vivian Lara/Mary Parker



## Food Pantry

This past week, 118 families (405 individuals) were provided with food through our food pantry!

With the holiday season approaching, extra donations of non-perishable items, especially **CANNED MEATS** or **VEGETABLES**, are needed at this time. Money donations are also welcome and appreciated. (there is a basket and a collection box near the pillar on south side of foyer for your donations) Thank you to our dedicated staff of volunteers, and to all who continue to support our pantry in any way!

The Melbourne Church of Christ Food Pantry is open to the community on Tuesdays from 10 a.m. - 2 p.m., and is a non-discriminatory facility of The Emergency Food Assistance Program.

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**office@melbournechurchofchrist.org**

**Schedule of Services**

**Sunday**

*Bible Classes All Ages 9:30 a.m.*  
*AM Worship 10:30 a.m.*  
*\*\* PM Worship 6:00 p.m.*  
*(Alternative Care Group meetings various*  
*times - see list below or contact Ken Jones)*  
*2nd Sun. TORCH Fundraiser Pancake*  
*Breakfast 11/13 8:30 a.m.*

**Tuesday**

*Ladies' Bible Class 10:30 a.m. in the*  
*church office; lunch out on 1st Tues.*  
*Men's Prayer Meeting (1st Tues.) 7 p.m.*  
*In the church office*

**Wednesday**

*Pizza served 5:30-6:15 p.m.*  
*Classes for all ages 6:30 p.m.*

**\*\* Care Groups:**

*Don Nickens (795-4223); Calvin Potts*  
*(725-4679); Gary Canup (952-0558);*  
*Bob Eckelberry (984-3927);*  
*Walter Pierce (327-3684);*  
*Steve Puckett (432-9932);*

**Serving as Elders:**

**Gary Canup, Tom Fennell, Don Hall,**  
**Mike Lovelace, Don Nickens,**  
**Calvin Potts, and Pat Seamon**

**Serving On Staff:**

**Tom Fennell, Pastoral Care**  
**Linda Hounschell, Financial Secretary**  
**Ken Jones, Involve. Min./Counseling**  
**Debby Nickens, Children's Minister**  
**Walter Pierce, Youth Minister**  
**Steve Puckett, Senior Minister**  
**Cheri Tate, Secretary**

**Family Record 10/23/11**

**Attendance**

6th Grade-Adult Bible Classes: 96  
 Children's Bible Classes: 38  
**Total Bible Classes: 134**  
 Auditorium Worship 187  
 Children's Worship/Nursery: 49  
**Total Worship Count: 236**

**Budget Items**

**Weekly Budget 7/1/11-6/30/12 \$ 9,784**  
 Contribution to Budget: \$11,365  
 Contribution to Special Items: \$ 260  
 YTD Over/Short: (\$ 9,862)

**Order of Worship**

**October 30, 2011**

Worship Leader	Tyrone Carter
<i>Worthy Art Thou</i>	230
Welcome and Announcements	Pat Seamon
<i>Father God</i>	<i>Words on Slides</i>
Shepherd's Prayer	Pat Seamon
<i>Great Are You Lord</i>	<i>Words on Slides</i>
<i>I Stand in Awe</i>	96
<i>How Deep the Father's Love</i>	<i>Words on Slides</i>
Communion/Offering	John Hounschell
<i>Take Time to Be Holy</i>	731
<i>Love One Another</i>	719
Scripture Reading <i>Matthew 5:21-22</i>	Manny Thomas
"Learning to Live Without Anger"	Steve Puckett
<i>Have You Been to Jesus?</i>	904
Closing Prayer	Tom Barker
<i>The Greatest Commands</i>	448

- + A/V Tech: Lindsey Tate
- + Service at Life Care of Melbourne, 9:30 a.m.: Ray Green
- + Service at Consulate, 2 p.m.: Don Hall & Melbourne Family Singers

**Worship Coordinators**

**Ken Jones/Mel Green/Cletis Diehl**

**Servers:** Julio Roman (RS)  
 (Oct.) Robert Bettis (RM)  
 Gary Davis (C)  
 Tom Tate (LM)  
 Benjamin Heuser (LS)

**Ushers:** Tyler Neidlinger (RS)  
 (Oct..) Rob Ellison (RM)  
 Cletis Diehl (C)  
 Chris Nickens (LM)  
 Bill Pinch (LS)

Shepherd's Prayer (Oct.): Pat Seamon

**Serving Next Sunday, Nov. 6**

Song Leader: Walter Pierce  
 Announcements: Pat Seamon  
 Presiding: Josh McGough  
 Reading: Norris Bottomlee  
 Message: Don Hall  
 Closing Prayer: Gary Canup  
 A/V Tech: Christa Pierce

Shepherd's Prayer (Nov.): Gary Canup

- + Service at Life Care of Melb., 9:30 a.m.: David Bradley
- + Service at Indian River, 2 p.m.: Steve Heuser & Melbourne Family Singers